

Teaching and Learning Events – November

Vol.14 Issue 11

2011

The Global SIDDHA YOGA Shaktipat Intensive 2011 in honor of Baba Muktananda's Mahasamadhi

The Heart is the hub of all sacred places. Go there and roam.

The Life and Teaching of Bhagavan Nityananda

Saturday, November 12 [2ND scheduling]

9:00 am – 5:45 pm

Adults: \$500 Young Adults: \$170

Details about this event for 2011 are posted on the Siddha Yoga path website and on the Ashram bulletin board.



PREPARATION FOR THE SHAKTIPAT INTENSIVE

Saturday, November 5: 7:30 – 9:00 pm in Shaktinilaya Hall

Visit www.siddhayoga.org to participate in the Preparation for the Shaktipat Intensive webcast.

No registration required.

Sevite Acknowledgement Gathering

Sunday, November 20, 2011

10:45 am – 11:45 am

Shaktinilaya Hall

See bulletin board for details. To best support our preparations, RSVP to sevacenter@syaoakland.org by November 10.

ASHRAM SCHEDULE CHANGES

Thursday, November 24 –

Thanksgiving Day

Early Breakfast – 7:00 – 7:45am

Shree Guru Gita – 8:00 – 9:30am

Brunch – 9:35 – 10:30am

Noon – Noon Chant

Ashram closes at 12:15pm

MUKTANANDA Dhyana Saptah: a SIDDHA MEDITATION Event

Saturday, December 3, 2011*

8:45 am – 5:45 pm

Dedicate a day to Siddha Yoga meditation, supported by the Siddha Yoga teachings and the practice of silence.

Adults: \$150 / Young Adults (ages 18 - 24): \$50

*Registration required—event fee does not include accommodations or meals.

For more information, **including pre-requisites**, please visit www.oaklandsyda.org

Saturday Night Satsang

7:30 - 8:45 pm, Shaktinilaya Hall

Newcomers Orientation to Satsang – 7:00 – 7:20pm

Welcome Lobby

Taruna Poshana Events

Intergenerational Dancing Saptah

Sunday, November 27 - 11:00 am – 12:00 pm

in Shaktinilaya Hall

Ashram Daily Schedule

Please see the daily schedule posted in the lobby for the Saturday & Sunday schedules.

5:30am	Meditation
6:10am	Shiva Arati
6:30am	Shree Guru Gita
8:00am	Breakfast
9:00am	Seva
12:00pm	Noon chant
12:15pm	Lunch
2:00pm	Seva
5:45pm	Evening Arati
6:15pm	Dinner
8:00pm	Shiva Arati
9:00pm	Lights out

Ashram Hours

Sunday

5:30 am – 2:00 pm

Monday – Saturday

5:30 am – 9:30 am

11:30 am – 2:00 pm

5:00 pm – 8:00 pm

Saturdays the ashram closes at 9:30 pm.

Amrit Cafe Serving Line Hours

Meals are available for purchase

Monday – Saturday	8:00 – 8:45 am
	12:15 – 1:00 pm
	6:15 – 7:00 pm

Sunday	Early breakfast	7:00 – 7:45 am
	Brunch	9:35 – 10:30 am
	Lunch	12:15 – 1:00 pm

Dinner is not served on Sundays.

~ FALL SCHEDULE ~

Hatha Yoga Classes

Multi-level - Thursday, 8:30 – 9:30am

Single class: \$15

Series of 4 classes: \$40 (valid for 60 days)

Please arrive early in Somanath Hall for registration and sign-in.

Bookstore Hours

Hours are subject to change.

Monday	Closed
Tuesday	Closed
Wednesday	8:00 – 9:00 am 12:30 – 1:30 pm 6:30 – 7:30 pm
Thursday	8:00 – 9:00 am 12:30 – 1:30 pm 6:30 – 7:30 pm
Friday	8:00 – 9:00 am 12:30 – 1:30 pm 6:30 – 7:30 pm
Saturday	8:00 – 9:00 am 12:30 – 1:30 pm 5:00 – 7:20 pm 8:45 – 9:15 pm
Sunday	9:30 – 11:00 am

Ashram Library Hours

Located on the 2nd floor of the main building.

Saturday	6:30 – 7:20 pm
Sunday	10:30 – 11:20 am

First Tuesday of every month:

The Shiva Mahimnah Stotram and the Kundalini Stavaha are chanted at 7:30 pm.

Sunday chanting schedule:

- Rudram at 6:15 am - Shakinilaya Hall
- Kundalini Stavaha at 7:30 am - Temple
- **Shree Guru Gita at 8:00 am - Shaktinilaya Hall**
- Shiva Arati 10 min after Shree Guru Gita - Temple

If you would like to receive this newsletter electronically, please visit www.oaklandsyda.org click on the subscribe link, and fill in the required information. A link to a printable PDF version of the newsletter will be sent to you by email at the beginning of each month.

Siddha Yoga Ashram in Oakland
1107 Stanford Ave, Oakland, CA 94608

510.898.2700 www.oaklandsyda.org

Times and Events are subject to change.

To confirm events, call 510-898-2700 or visit www.oaklandsyda.org

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